

ACTIVITY SHEETS COMET

The Nyda Comet is a soft, lightweight throwing and catching implement. It is made of parachute material and has small plastic beans in the head, therefore it will hold together longer than a Vortex ever will. At half the price of the vortex, the comet is an affordable alternative providing loads of stimulating fun for students. It is soft and safe to use at any age.

TRADITIONAL USE

To use the comet you can either swing around the top of your head (holding the black tail end) and release or swing by your side like a windmill and release on the bottom of the swing.

Other Suggested Applications:

Modified Javelin for primary school students and special education.

Hammer throw event for those Mini Olympics

Any modified games you previously played using a vortex

Throwing and catching competitions

Catching ideas; number the tail of the comet eg 1, 2,, 3. To increase confidence of students with poor catching ability throw comet up in air and dictate that numbered area you would like them to catch. Adds an element of competition as well.

Throwing ideas: competition on who can throw the comet the furthest.

Softball pitching drills

Senior PE classes to demonstrate the "Angle of Trajectory" principle.

Accompanied by the Airgoals or pugg goals, create a modified game utilising simple rules from various traditional sports such as lacrosse

