

# Tummy Ache

## **Contents:**

4 place setting boards, 20 food cards, 10 'Tummy Ache' cards

## **Object**

To be the first player to fill their playing board with five food cards to make an edible meal.

## **To play**

- Each player takes a place setting playing board. The food and 'Tummy Ache' cards are shuffled and placed face downwards in a pile on the table.
- The youngest player begins by taking a card from the top of the pile and placing it on the correct space on their playing board. Play then passes to the next player.
- If a player takes a 'Tummy Ache' card, all the players must shout, "Tummy ache!" If the correct space on the player's board is already filled with a food card, the 'Tummy Ache' card can be discarded. If the correct space is empty, the player must place the 'Tummy Ache' card on that space until it can be replaced with a food card.
- If a player takes a food card and the correct space is already filled with another food card, the player can choose which card they would like to keep and discard the one that they don't want. For example, a player might prefer to have a fruit salad instead of ice cream!
- If a player takes a food card and the correct space is already filled with a 'Tummy Ache' card, they can replace the 'Tummy Ache' card with the food card and discard it.
- Discarded cards must be placed face upwards in a second pile. Players may then choose to take the top card from either pile.

## **The winner**

The winner is the first player to fill their playing board with five food cards to make an edible meal.

