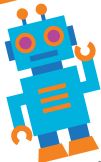


Thinkfun®

Move & Groove™

Your Child's First Dance Game



Dance like a robot



Skip around the room



Do the funky chicken

Instructions &
Learning Benefits

AGES
18 months
and up
2 or more players

Move & Groove™

Your Child's First Dance Game

Move & Groove™ is a simple game that will have you and your child on your toes laughing and dancing together in no time! Introduce the basics of game play and the joy of movement without the pressure of competition. There's no right or wrong way to boogie—it's all up to interpretation, so keep the mood light and get a little goofy!

Includes:

- Large Plush Cube
- 48 Dance Move Cards



Let's Pretend



Movement



Classics



Body Parts



Silliness



Workout

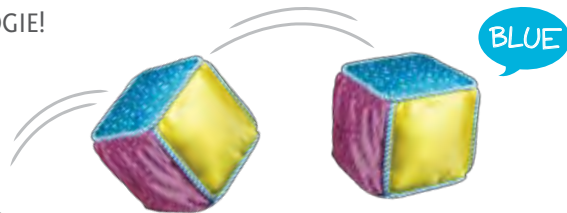
Your Goal:

Let loose and BOOGIE!

Steps to Play:

1. Roll the Cube –

Either you or your child rolls the cube. Identify together the color that was rolled.



2. Pick a Card – Pick a card that corresponds with the color that was rolled.



3. Dance Away – Do the dance move shown on the card!



Additional Playing Tips:

- Turn on some music and dance to the beat.
- Sing one of your favorite tunes while you play.
- Practice your dance moves with cube in hand.
- For an advanced game, pick three cards and try doing the moves in a sequence—then repeat.
- If you have multiple players, play follow the leader. Pick one player to start leading the dance moves.
- Be creative and add some of your own moves to the mix.
- ALWAYS HAVE FUN!

Learning Benefits:

While playing Move & Groove™ your child will have the opportunity for all sorts of learning. Most of the benefits occur from interacting together and having a good time. Along the way, here are some of the learning areas that you can focus on:

- **The Basics of Game Play:** Your child will learn to follow a set of rules—roll the cube, choose a card, then perform the dance move. You can make the game as structured as you like to help teach basic concepts—require that players take turns or set a limit to the game (10 cards) in order to give them a sense of beginning and end.
- **Movement, Flexibility, Balance and Coordination:** Move & Groove will have your child up and moving around the room, burning off some of that abundant toddler energy. Challenge your child's ability to balance, exaggerate some of the moves in order to create a good stretch or combine two moves for an even greater test of coordination. Dancing is an excellent way to develop major muscle groups, gross motor skills and hand-eye coordination. Have fun and know that you are making positive strides as you and your child skip, hop, march, jump, kick, jog or bop to a beat!

- **Self-Awareness and Spatial Orientation:** Moving the body in different ways gives children a sense for how they relate to the space around them. At first your little one may be bumping into walls or tripping over his or her feet. With more play, your child will gain a better understanding for distance and orientation and will begin to move with more grace and awareness for the things in his or her environment.
- **Creativity and Self Expression:** Move & Groove™ is most fun when you leave a dance move up to interpretation. What does the Funky Chicken look like? Let your little one give it a try and see what he or she comes up with. There might be a million ways to do the Funky Chicken or the Crab Walk—every day your child might invent a new dance. Have fun and be creative! Since there is no right or wrong way to boogie, boost self-confidence by applauding whatever it is he or she decides to do.
- **Language and Communication:** Movement allows children to express thoughts and emotions that they may not be able to communicate through language. You can encourage them to express their thoughts and feelings through their dance moves. What does a happy march look like? What about an angry gallop or a sad twirl? In addition, you can encourage the development of language by labeling the movements that are being made. If your child rolls forward, take the opportunity to name

this as a “Forward Roll” or a “Somersault”. You can even use this as a time to explain the concept of forward and backward or right and left! Labeling movements will help your child pick up language more quickly.

- **Learning Through Movement:** There is actually great cognitive development taking place while your child is playing Move & Groove. When presented with a movement task, your child has to think through the motion in order to create a movement response. Some children actually learn best and concentrate more easily when they are moving their bodies (kinesthetic learners). You may discover that this is true of your little one—perhaps he or she seems more focused than ever while doing dance moves. This is great! You can be creative and use this as a time to incorporate new learning opportunities with the game each time you play. Or when you are doing a task with your child that requires a period of still time, incorporate a five-minute Move & Groove break to help them stay on track.
- We hope you and your child have lots of fun playing Move & Groove! For more fun games visit us at: www.ThinkFun.com

ThinkFun's Mission is to Ignite Your Mind!®

ThinkFun® is the world's leader in addictively fun games that stretch and sharpen your mind. From lighting up young minds to creating fun for the whole family, ThinkFun's innovative games and mobile apps make you think while they make you smile.



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